

**Alcohol Poisoning
Dangers
What To Do**

Steps to take

Observations

Potential Poisoning

Try to wake the person:

The first thing to do is try to find out if the person who passed out can be awakened. Call his/her name. Pinch the skin for a reaction.

Turn the person on his/her side, do not leave alone, and GET HELP if you can, but do not leave the person alone. This is to prevent vomiting and choking. Make sure the person does not roll on her/his back.

Check skin color and temperature

Notice the skin color and temperature. If skin is cold, clammy to touch and pale or bluish in color, this indicates the person is not getting enough oxygen and needs immediate MEDICAL attention.

Check breathing

If the person is breathing irregularly with a few breaths and none for a while, this is another sign that medical attention is needed immediately. If breathing is too slow or shallow (less than 8 breaths /minute) or more than 10 seconds between breaths, this is another indication of needing immediate medical attention.

Remember there are no absolutes - Everyone is different.

These are just the potential signs of acute alcohol poisoning. A person might have one or all. If the person cannot be awakened and you are at all concerned, don't hesitate to seek help.

**Call RA
Call 911
Call 4444 Public Safety**